



Foxlease Singing Circle Musical Challenge



In 2023 we are celebrating the 40th birthday of Foxlease Singing Circle.

In October 1983, 24 Guiders from around the country were invited to Foxlease by Sue Stevens to form a singing group and 'see whether it would work!' Since this inaugural meeting, the Foxlease Singing Circle has grown to a membership of around 200. Although Sue shared only two full weekends with us, her spirit continues to be a lasting influence on the life of the Singing Circle.

Foxlease Singing Circle meet for two residential weekends a year, plus some evening sings via Zoom. In order to join, you must be a female member of the World Association of Girl Guides and Girl Scouts (WAGGGS) aged over 18 years. We also run separate ad-hoc weekends for Rangers and Young Leaders. There is no audition or requirement to be able to read music – all we ask is that you enjoy singing and wish to keep music alive in Guiding.

We hope that by completing this challenge you enjoy a variety of musical activities and learn more about music within Guiding too. Any funds raised will go to Foxlease Singing Circle to help keep Guiding singing.

We would like you to complete 40 activities from the list in order to earn the badge. Badges cost £1.50 each and can be obtained by emailing foxleasesc.treasurer@gmail.com with the following information:

Full name

Quantity of badges required

Delivery address

Total cost (including postage)

Postage costs: 1-20 badges: £1.00

21+ badges £2.00

Please pay via BACS to the following account and make your payment reference 'Challenge badges [your surname]':

Account name: Foxlease Singing Circle

Bank name: Lloyds

Account number: 68719162

Sort code: 30-98-97

Badges will be posted after payment has been received. International postage by individual arrangement – please contact our treasurer at foxleasesc.treasurer@gmail.com

We do not require you to submit evidence that you have completed the challenge as 'a Guide is honest, reliable and can be trusted', however if you would like to share photos or videos to our Foxlease Singing Circle Facebook page we would love to see them!

If you would like further information about attending a Foxlease Singing Circle event, please email foxleasesingingcircle@gmail.com We would love to have you join us!

Create

Make a musical garden ornament

Make your own personal song book

Draw or paint a musically-inspired picture

Make a music-inspired craft project

Make a musical instrument and accompany a song with it

Make a percussion/rhythm performance from 5 objects around the house

Make your own drum kit out of tins, Tupperware and a wooden spoon

Make a tune from blowing water-filled bottles

Play a tune using only items from your kitchen

Devise a musical game

Write a new song

Write a parody

Think of a song that needs a sequel – what would the title be?!

Make up a story, song or poem about ‘who stole my chickens and my hens?’

Make a puppet or soft toy perform a song

Make up actions to a song

Compose an additional verse to a song

Make a new vocal warm-up exercise

List and Discover

Create your dream band/concert line-up

Create a mix tape/playlist of your favourite songs

Make a list of songs starting with every letter of the alphabet (you may need to be a little creative!)

List 40 songs that mention a place

Make a musical ‘bucket list’

Find a composer or performer who shares your initials

Find out what was number 1 in the charts on the day you were born

List 40 songs that mention a colour

List 40 songs that mention a name

Write your personal ‘Desert Island Discs’ – 8 pieces of music you would take to a desert island, plus a book and a luxury item.

Research songs that are important to your local area or personal heritage

Visit a museum that includes musical artefacts

Attend a carnival

Visit somewhere famous for music, performance or a composer

Listen and Watch

Enjoy listening to bird song

Listen to 40 pieces of music from various different eras and genres

Attend (in person or online) a performance of musical theatre

Attend (in person or online) a concert

Sing or listen to a song from your childhood

Listen to or sing a song in another language

Listen to a song or piece of music from the year you were born

Listen to music in the car

Listen to a music-related podcast

Attend/watch/listen to a Proms concert

Watch a music-related television programme

Listen to a music-related radio programme

Learn

Learn actions to a song new to you

Learn how to play a tune on a musical instrument new to you

Try out a new part to a song you already know

Learn how to whistle

Learn a new clef

Learn a new guitar chord

Learn how to use a capo on a guitar

Learn a sea shanty

Learn some new music theory

Learn the basics of conducting

Learn about the history of an unusual music instrument

Learn to play the ocarina, tin whistle or similar

Learn to play the spoons

Learn the basics of reading music

Learn how to read guitar tab notation

Learn the World Song off by heart (it is in the blue (second) Our Chalet songbook and also available online)

Learn how to tune an instrument

Learn how to sign a song e.g. British Sign Language, Makaton etc.

Sing, Play and Perform

Sing or play in public

Play a musical game with your unit or Trefoil Guild

Lead a song at a campfire or singing event

Play air guitar

Have a go at beatboxing

Try some body percussion

Play a tune on a kazoo

Play musical charades

Sing one campfire song to the tune of another

Sing a song upside down – up to you how you achieve this!

Sing a song in an unusual place

Sing a song in a high place

Sing a song underground

Sing or play a song in a key that you would not usually choose

Sing a song in the rain

Sing your way through an entire songbook

Participate in a campfire

Sing your National Anthem as part of a large event e.g. sports match, concert, Guiding event etc.

Tell a musical joke

Use hand chimes, hand bells, boomwhackers or similar pitched single-note instruments

Learn the 'cup song' from the film Pitch Perfect

Miscellaneous

Organise your loose song sheets and/or create an index

Write a little message and hide it in someone's songbook for them to find at some point!

Write or take part in a music-themed quiz

Clean out your instrument case

Start a campfire tradition with your unit/Guild e.g. ashes ceremony

Reach out to/message an artist or composer on social media

Try a musical sudoku

Read a music-related book or biography of a famous musician

Thank someone who has had an influence on your life from a musical perspective

Share a musical 'thought for the day' on social media